



*How to Choose the Right  
Mentor for You*

A Guide to Finding Success

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OUR RISING ACADEMY



## *How to Choose the Right Mentor for You*

Embarking on a journey towards success can be a daunting task, but having a mentor by your side can make all the difference. However, choosing the right mentor for you is crucial. As a lifelong learner and a staunch believer in personal development, I understand the importance of finding a mentor who can guide and support me in achieving my goals while maintaining balance in my life.

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Over time, I've come to realise that striking a balance between trusting my intuition and using my logical mind is essential when choosing the right mentor. The right mentorship can transform not only my life but also my business and the lives of those I serve. That's why I'm here today, confident that my intuition has led me to the right place, and I'm eager to see where this journey takes me.



"One of the greatest values of mentors is the ability to see ahead what others cannot see and to help them navigate a course to their destination."

- John C. Maxwell

"The function of leadership is to produce more leaders, not more followers."  
- Ralph Nader

### *Define what success means to you*

**1** Before you start looking for a mentor, it's important to define what success means to you. Are you seeking financial success, work-life balance, or happiness? Define your version of success, and search for a mentor who understands and supports your definition.

### *Look for a mentor with experience in your desired field*

**2** When choosing a mentor, find someone who has achieved success in the area you want to succeed in. For example, if you want to start a successful business, seek out a mentor who has started and run a successful business. They can give you insights and advice that are specific to your goals.



Grow together with inspired guidance.

### *Make sure they're walking the walk and talking the talk*

**3** It's essential for a mentor to practice what they preach. Find a mentor who is living the life they're teaching you to lead. A mentor who practices what they preach can give you practical and actionable advice that works.

### *Don't be afraid to ask questions*

**4** When considering a mentor, ask them questions to ensure their mindset and energy aligns with yours. Ask about their experience, teaching style, and goals for you. The right mentor will be happy to answer your questions and help you make an informed decision.

### *Identify the outcomes you're looking for*

**5** Before investing in a mentor, it's important to identify the outcomes you're looking for. What do you hope to achieve through this investment? A good mentor can help you set clear goals and work with you to achieve them.

### *Understand that investing in a mentor is an investment in yourself*

**6** Remember that investing in a mentor is an investment in yourself. It buys you time and opportunities, helping you achieve your desired outcome faster. Through this investment, you can discover even more opportunities that will naturally follow.



## *Consider what would happen if you gave up*

**7** If you're considering giving up on your dreams, think about what would happen if you did. Would you regret it? Would you be giving up on your potential? A good mentor can help you push through tough times and keep you motivated.

## *Reflect on past mentor experiences*

**8** If you've worked with a mentor in the past, reflect on what worked and what didn't. What were they doing that helped you succeed, and what didn't work for you? This reflection can help you identify what you're looking for in a mentor and avoid repeating past mistakes.

## *Invest in yourself*

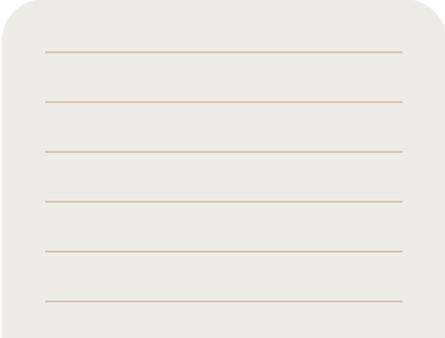
**9** Finally, invest in yourself. If you don't invest in yourself now, when will you? A good mentor can help you achieve your goals and find success, but it's up to you to take the first step.

In conclusion, finding the right mentor can be a game-changer in achieving success and balance in your life. By following these tips, you can find a mentor who can help you achieve your goals and find the success you're looking for. Remember, investing in yourself is the first step towards a brighter future. - I hope this helped! Tui xx

# WORKSHEET

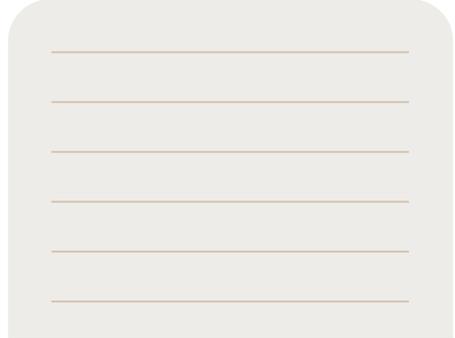
Okay so you know my tips lets find out what you need to make sure you're selecting the right mentor for you!

1



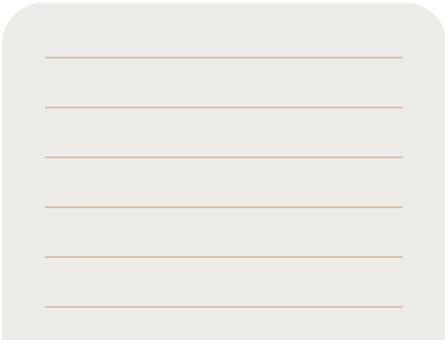
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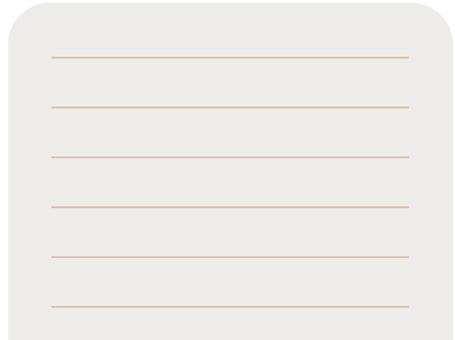
Does your mentor have the kind of success that you're looking for?

3



Are they walking the walk and talking the talk?

4

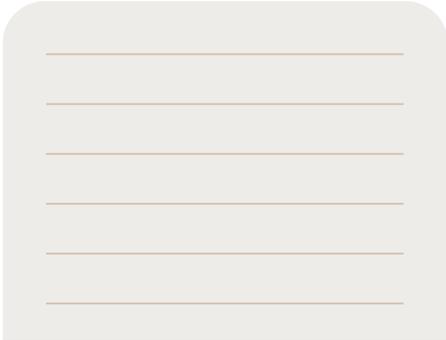


Don't be afraid to ask questions. What questions do you have for them to help you know this is the right mentor for you?

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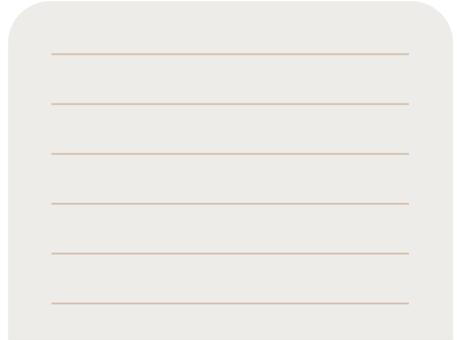
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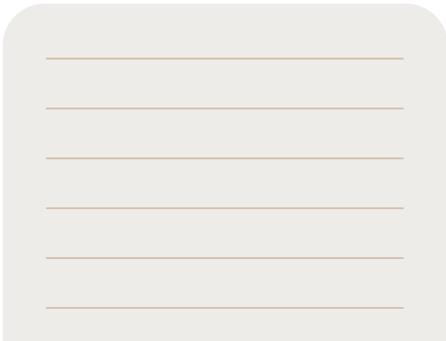
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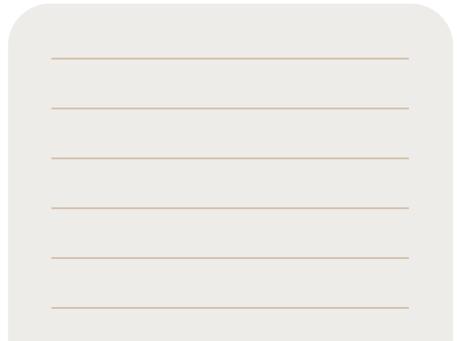
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Reflect on past mentor experiences

*Invest in yourself  
You're worth it*